

AUGUST 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Grand-children's Day	2 Civic Holiday No Morning Yoga today 7 pm Poker	3 8 am Aquafit 9 am Water Fitness for Men	4 8:30 am Morning Yoga 10 am Crafters 5 Tai Chi 7 pm Poker 7 pm International Mahjong	5 8 am Aquafit 9 am Water Fitness for Men 1 pm Bridge Club	6 8:30 am Morning Yoga 9 am Bottle Drive 5 pm TGIF	7 Private Conservatory—Devlin—8am-midnight
8	9 8:30 am Morning Yoga 7 pm Poker	10 8 am Aquafit 9 am Water Fitness for Men	11 8:30 am Morning Yoga 10 am Crafters 5 Tai Chi 7 pm Poker 7 pm International Mahjong	12 8 am Aquafit 9 am Water Fitness for Men 1 pm Bridge Club	13 8:30 am Morning Yoga 5 pm TGIF	14 Britannia Potluck 1—11 pm Beachcomber
15 Charlene on Holidays August 16-27	16 8:30 am Morning Yoga 10 pm Discover Kayaking Lessons 7 pm Poker	17 8 am Aquafit 9 am Water Fitness for Men	18 8:30 am Morning Yoga 10 am Crafters 5 Tai Chi 7 pm Poker 7 pm International Mahjong	19 8 am Aquafit 9 am Water Fitness for Men 10 pm Meadow Beach SCM 1 pm Bridge Club	20 8:30 am Morning Yoga 5 pm TGIF	21
22 Arbutus Grove Party 6-11pm Beachcomber	23 8:30 am Morning Yoga 7 pm Poker	24 8 am Aquafit 9 am Water Fitness for Men	25 8:30 am Morning Yoga 10 am Crafters 1 pm Onyx SCM 5 Tai Chi 7 pm Poker 7 pm International Mahjong	26 8 am Aquafit 9 am Water Fitness for Men 1 pm Bridge Club	27 8:30 am Morning Yoga 5 pm TGIF	28
29	30 8:30 am Morning Yoga 7 pm Poker	31 8 am Aquafit 9 am Water Fitness for Men				

Legend:
 Red—Conservatory
 Blue—Lounge
 Green—Clubroom
 Black—Beachcomber/
 Other